

Fight Academy Canyon Country Effective 5.5.14

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9:00 AM							
10 AM		Adult Jiu-Jitsu	Adult Jiu-Jitsu No gi	Adult Jiu-Jitsu	Adult Jiu-Jitsu	CKD juniors Kids Jiu-Jitsu	10:00 am Adult jiu-jitsu Open gym
11 am					Fight team only	CKD Kids Adult Jiu-Jitsu	Women's 10am MMA open
12 PM	privates	privates	privates	privates	privates		
3:30 PM		CKD kids 3:45 4pm kids drills	CKD Juniors Kid mma spar Kids/Juniors	CKD Kids 3:45 4pm kids drills			
4:30 PM	jiu-jitsu kids/juniors CKD juniors	jiu-jitsu kids/Juniors ckd	kids /juniors jiu-jitsu	kids/juniors jiu-jitsu Kids/juniors ckd CDD CKD/BBC	CKD juniors 5pm kids drills		
5:30 PM	jiu-jitsu Adult	MMA Adult	jiu-jitsu Adult	<u>MMA</u> Adult	Adult jiu-jitsu jiu-jitsu kids & juniors		
6:30 PM	Fight team only Adult	7pm Adult Jiu-Jitsu	Fight team only CKD - Kids All	7pm Adult Jiu-Jitsu	Women's MMA Party Night		
7:00 PM	Women's MMA 7pm	Women's MMA 7:15 pm	Women's MMA 7:15pm	Women's MMA 7:15 pm			